

# 41st Annual Meeting of the Board of Directors March 4, 2025

### Today's Agenda



| 2:00PM – 2:05PM | Call to Order, Welcome, and Overview - Rosa Novo, Board Chair, and Karen van Caulil, Ph.D., President and CEO                           |
|-----------------|---|
| 2:05PM – 2:50PM | <b>Keynote Presentation</b> – Jessica Brooks-Woods, MPM, PHR, <i>CEO</i> , National Association of Benefits and Insurance Professionals |
| 2:50PM - 3:00PM | Introduction of the Florida Alliance 2025-2026 Board of Directors and Officers  |
| 3:00PM – 3:25PM | Presentation of the 2024 Annual Report and 2025 Plan of Work – Karen van Caulil, Ph.D.  |
| 3:25PM – 3:30PM | Wrap Up and Closing Comments – Rosa Novo  |

# Call to Order and Welcome





Rosa Novo

Administrative Benefits Director

Miami-Dade County Public Schools

Board Chair, Florida Alliance

### Florida Alliance Staff



- Karen van Caulil, PhD, President and CEO
- Jack Mahoney, MD, MPH, Medical Director
- Ashley Tait-Dinger, MBA, Vice President
- Lisa Hain, MBA, Administrative Coordinator
- Hannah McChesney, MBA, Program and Project Coordinator

### **Keynote Presentation**



## Health Equity Reimagined: Navigating the Current Landscape with Policy, Progress, and Al



Jessica Brooks-Woods
CEO

National Association of Benefits and Insurance Professionals



# The slides for speaker Jessica Brooks-Woods can be viewed in the recording.

### Board of Directors 2025 – 2026





Kenneth Aldridge Rosen Hotels & Resorts



Beth Curran
Orange County Public
Schools



Jair Espinoza City of Miami



Sara Holtzman
DeMarino
LYNX



**Dawn Hunt**MarineMax



Stephanie Koch Hendry Marine Industries, Inc.



Susan McBroom
Patriot Rail



Rosa Novo
Miami-Dade County
Public Schools



Karen van Caulil Florida Alliance for Healthcare Value



Mark Weinstein ICUBA

## Executive Committee 2025-2026





Rosa Novo Miami-Dade County Public Schools Board Chair



Stephanie Koch Hendry Marine Industries, Inc. Vice Chair



**Kenneth Aldridge**Rosen Hotels & Resorts *Treasurer/Secretary* 



**Karen van Caulil**Florida Alliance for
Healthcare Value *Ex Officio* 



Beth Curran
Orange County
Public Schools
At-Large Director,
Compliance Officer



**Susan McBroom**Patriot Rail *At-Large Director* 

## Thank you!





**Kimberly Ramos**The Mosaic Company



Thank you for your 6 years of service on the Florida Alliance Board!





## Thank you!





Yvette M. Best, Ed.D.
Orange County Government



Thank you for your 2 years of service on the Florida Alliance Board!





### 2024 Annual Report





### 2024 – By the Numbers



150

#### **Members Strong**

**87** Employer Members **55** Affiliate Members

8 Healthcare Advisory Council Members

43

Weekly Bulletins published as an Employer Member benefit

40

Years bringing together benefit leaders and healthcare stakeholders to develop and implement innovative improvements in healthcare cost, quality, transparency, and safety in Florida

30

**Presentations** given at national and regional conferences and events made by Florida Alliance staff

18

Leapfrog Group "Top Hospitals" in Florida

15

Letters of Support for state and federal health policy issues that impact healthcare cost, quality, transparency, and safety

14

**Employer Member Only** meetings, webinars, and workshops

13

Leapfrog Group "Top Ambulatory Surgery Centers (ASCs)" in Florida

Successful In-Person Events including our 40<sup>th</sup> Anniversary Annual Conference on May 6th



### EMPLOYER MEMBERS















































<u>∞</u>TAMPA

























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**Community Bank** 















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ONE FLORIDA



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FLORIDA BANKERS ASSOCIATION



# Employer Member Awards and Recognitions



In September, Florida Alliance Board Member and Director of Health Services at Rosen Hotels & Resorts Kenneth Aldridge accepted the Rosie Award for a high Plan Grader™ score and excellent use of their Health Rosetta Dividend.

Florida Alliance Employer Member, Rosen
Hotels & Resorts was awarded the
"Employer/Purchaser Excellence" Award at the
2024 National Alliance of Healthcare
Purchaser Coalitions Annual Forum. Rosen
Hotels & Resorts has demonstrated leadership
and innovation in advancing overall health and
healthcare value through their approach to
benefit programs and design, employee
engagement, and their support of the Florida
Alliance efforts.







Stephanie Koch, Director of Human Resources at Hendry Marine Industries, and Florida Alliance Board Vice Chair was a recipient of the Employee Benefit News 2024 Excellence in Benefits award honoring those who excel in the areas of HR leadership, technology, innovation, and benefits brokerage and advising.

## Healthcare Advisory Council Members















Please note that not all of our valued members grant permission for us to include their logos.

Updated 1/22/25 www.FLhealthvalue.org

### Affiliate Members

Please note that not all of our valued members grant permission for us to include their logos.





Insurance | Risk Management | Consulting

















**ProCare Rx** 

novavax:











































EXACT SCIENCES





Healthcare Bluebook...







**MERCK** 

Updated 2/28/25

### National, State, and Regional Involvement



LED BY FLORIDA'S TOP EMPLOYERS SINCE 1984

















National Comprehensive











NCCN Cancer Network®











INTEGRATED BENEFITS



















### 2024 Event Sponsors









Insurance Risk Management Consulting



GRAIL

























### 2024 "Best of the Best"



January 2024



December 2024







### 2024 Annual Meeting



"The Florida Alliance is the most active coalition in National Alliance membership by participation in funded projects..."

- Shawn Gremminger





Shawn Gremminger, MPP
President & CEO
National Alliance of Healthcare
Purchaser Coalitions



Leah Binder, MA, MGA

President & CEO

The Leapfrog Group



"The Florida Alliance for Healthcare Value has been extremely influential on patient safety, and thanks to their leadership we have seen significant gains in the quality and safety of care throughout Florida."

- Leah Binder

### 2024 Annual Conference



"At the invitation of Karen van Caulil, PhD (President and CEO), I had the privilege of delivering the keynote address at the Florida Alliance for Healthcare Value Annual Conference. The Florida Alliance certainly lived up to its impressive title: "40 Years of Impact: Pioneering Progress in Healthcare, Addressing Challenges, Shaping the Future" – David Nash, MD, MBA, FACP in MedPage Today



### 2024 Most Engaged Employer Award



Accepted by Stephanie Koch on behalf of Hendry Marine Industries, Inc.



### Dr. Jack Mahoney Healthcare Hero Award





(1952-2023)

Presented in memory of
Linda Sutherland
Former Executive Director
Healthy Start Coalition of
Orange County

## Employer Learning Collaboratives and Workshops



- Oncology
- Mental Health and Wellbeing
- Diabetes/Obesity
- High Cost Claims
- Fair Price



### Oncology ELC



Employer Guide and Insights for Oncology Management





**Employer Commitment to Cancer Screening** 

Poll of Oncology Learning Collaborative





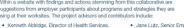
This guide is based on the activity of an Employer Oncology Learning Collaborative led by the Florida Alliance for Healthcare Value and the Midwest Business Group on Health. During this collaborative, the coalition's Employer Members shared the approaches they are taking to optimize cancer prevention, screening, diagnosis, and treatment, as well as how they are supporting care navigation, paying for care, and helping affected employees return to work. A goal of participating employers was to find ways to drive value in oncology for their organizations



- · Cancer is employer's biggest treatment cost.
- . Cancer expenditures are predicted to spike an additional 30% in the next three years.
- Many factors impact cancer care cost escalation including increasing prevalence, inadequate preventive care, screenings below optimal levels, and breakthroughs in costly specialty drugs

#### The Voice of the Employer

Within a website with findings and actions stemming from this collaborative are suggestions from employer participants about programs and strategies they are using at their worksites. The project advisors and contributors include:



- Rosen Hotels and Resorts Lea Ann Riafora, CEO/Founder of Professional
- Cancer Care Experience Advisors, Beacon
- . Ray L. Bowman, PhD, Senior Vice President, Talent, and Team Development, MarineMax
- . Dan Dentzer, Manager, Health and Welfare
- Genentech on behalf of Cody Adams, Benefits
- . Susan McBroom, Director of Human Resources Patriot Rail Company
- · Carole Mendoza, VP of Benefits, Voya Financial · Rosa Novo, Administrative Benefits Director, Miami-
- Dade County Public Schools · Sherri Samuels-Fuerst, VP, Total Rewards, Sargento Foods

#### Thank you to our project sponsors:



#### **Employer Guide and Insights for Oncology Management**



Cancer prevention can reduce the incidence and severity benefitting patients and their families and

employers

lifestyle choices and vaccines, including weight control, and obesity managemen Another example is timely use of the human papillomavirus (HPV) vaccine, which 2. CANCER 3. CANCER SCREENING

Underlying the suppor for screening and early identification of cance early detection.

Late-stage cance treatment typically costs significantly more than early-stage cancer treatment, and takes a larger human toll in stress and side

Some longstanding

cancer diagnosis

procedures are stil

used and often are

approval of newer

etrategies. There are

not a lot of barriers

to aettina these

standard tests.

However, new

and leading-edge

rapidly entering the

field. These include

biomarker testing.

artificial intelligence

and second opinion

diagnostics are

Employers are exploring advances in treatment, clinical trials, and coverage of

Options include stem cell transplants immunotherapy, and targeted cell and gene therapies. Some employers are allowing experimenta care under certain conditions through an appeal process.

. NAVIGATING CARE AND MANAGEMENT

become complex

and often overwhelr

the natient, family,

and caregivers. To

alleviate the stresses

on cancer patients

care managers or

care coordinators.

support, including

and palliative care.

many employers offe

Employers offer other



People with cancer are living longer, with including recovering from cancer and promoting health Returning to work is a step toward getting Employers can facilitate the process with many now viewin cancer as a chronic disease to manage.

S. SURVIVORSHIP

AND RETURN

TO WORK

Employers are exploring Centers of Excellence direct contracting, site-of-care strategies health centers as ways to reduce the cost of cancer care and ensure high-value care. Careful consideration should be given to new programs in the market called alternative funding

FLORIDA ALLIANCE

Hear Directly From Employers

**Employer Polls** 





The goal is to design benefit plans and programs that provide the right care, for the right person, at the right place, at the right time, for the right price.



Click here to access the



This guide was developed as a result of a collaboration MBGH. between the Florida Alliance for Healthcare Value and the Midwest Business Group on Health

Sponsored by

Genentech A Member of the Roche Group





### Oncology and PCORI



#### **Supporting Women's Health in the Workplace**

Helping Women with Breast Cancer Choose Between Surgical Treatment Options



#### Understand Impact



A thorough claims assessment helps uncover the number of employees affected by breast cancer and whether they are getting recommended care.

Women with breast cancer and their loved ones benefit greatly from workplace support. This includes things like ensuring ready access to resources, guidance, and personalized navigation services from health plans and other benefit providers. Quick response plans for supervisors and managers should also be in place to assist the employee and coworkers throughout the cancer journey.



#### Involve Employees

The American Cancer Society estimates there will be over 300,000 new cases of breast cancer diagnosed in US women in 2024 alone.

From prevention, to diagnosis, to treatment, to survivorship, easy-to-read, pictorial employee communications and education are vital for all employees.

It's also important to help coworkers understand how to support a colleague with breast cancer. The most important thing is to follow their lead, as outlined in this <u>Harvard Business Review</u> article. The quick response plan identified in step one supports rapid and thoughtful approaches.

Treatment Options (Full PCORI study)

Options (National Alliance Video)

. Helping Women with Breast Cancer Choose Between Surgical

· Helping Women with Breast Cancer Choose Between Surgical

· Cancer in Working Age Adults: Employer Actions (NEBGH flipbook)

**RESOURCES** 



### Design Benefits with Breast Cancer /

Key things employers/purchasers can consider when designing benefits with breast cancer in mind:

- Screening coverage for all women (benefit- and non-benefit-eligible).
- Flexible work arrangements to help employees balance treatment with work duties.
- Health and wellness programs that address prevention and early detection.
- Reduced out-of-pocket expenses for follow-up care.
- Health plan requirement to send mammogram reminders to employees and providers.
- Care navigators available to guide women on their cancer journey.



#### Consider Cultural Differences

Health-seeking behavior and breast cancer risk varies among racial and ethnic groups, making it important to tailor communications and education to meet unique needs.

<u>Triple-negative breast cancer</u> accounts for about 10%-15% of all breast cancers. These cancers tend to be more common in women younger than age 40, who are Black, or who have a BRCAI mutation.

Further, White, Asian, and Pacific Islander women are more likely to be diagnosed with localized breast cancer than Black, Hispanic, American Indian, and Alaska Native women.

. Employer Guide and Insights for Oncology Management

· Your Cancer Roadmap: Navigating Life with Resilience

(Florida Alliance for Healthcare Value)

(Book authored by Kim Thiboldeaux)



#### **Navigating Breast Cancer Treatment Options Video**



The National Alliance created an <u>educational video</u> about breast cancer, its human and financial impact, and recommendations for supporting employees in the workplace, featuring the evidence-based study and coalition thought leaders.

#### Danielle Schubbe, PhD Research Project Manager, The

Research Project Manager, The Dartmouth Institute for Health Policy and Clinical Practice

"The picture-enhanced conversation aid was particularly effective with patients who had lower socioeconomic status and lower health literacy."

#### **Kim Thiboldeaux**

CEO, Northeast Business Group on Health (NEBGH)

"During what can be an overwhelming and chaotic time, patients need tools to participate fully in their healthcare."

#### Karen van Caulil, PhD President & CEO, Florida Alliance for

Healthcare Value

"Employers should implement shared decision-making principles in designing health benefits and wellness programs to improve the value and impact of healthcare services they and their employees are purchasing."



#### 9/5/24

## Mental Health and Wellbeing Workshop and ELC



MENTAL HEALTH INITIATIVE GUIDEBOOK

Employer Mental Health Strategies

AN ESSENTIAL INVESTMENT



### ACTION REQUIRED: Mental Health Parity Compliance for Employers/Healthcare Purchasers Information and tools to ensure compliance, reduced costs, and a healthier workforce



Employers/healthcare purchasers have a fiduciary responsibility to participants in their employee benefits plans to require their vendor partners to comply with the Mental Health Parity and Addiction Equity Act (MHPAEA), which requires that Mental Health/Substance Use Disorder (MH/SUD) benefits are not more restrictive than Medical/Surgical (M/S) benefits.

#### Key Areas of Focus for Employers/Healthcare Purchasers



#### Employers/Healthcare Purchasers Need to Take Action NOW

- Employer/healthcare purchaser fiduciary responsibility
- Department of Labor (DOL)/Centers for Medicare and Medicaid Services (CMS) is escalating enforcement
- DOL/CMS report that most employers/healthcare purchasers are noncompliant in the area of Non-Quantitative Treatment Limits (NQTLs)
- Do you know how to comply?



#### Mental Health Parity Requirements

Three main areas:



Financial Requirements (FRs) – e.g., copayments, deductibles...



Quantitative Treatment Limits (QTLs) – e.g., # days or visits...



NQTLs - e.g., prior authorization, network adequacy, reimbursement rates, exclusions..

NQTLs are the most complex to analyze and compare. The Employer/Healthcare Purchaser Toolkit contains tools for documenting comparative analyses for the most common NQTLs.



#### Employer/Healthcare Purchaser Action Checklist

- Require your TPAs/service providers to complete the NQTL Multi-Step

  Comparative Analysis Tools (and embedded MDRF templates) specific to your plan information.
- Document communications with <u>TPAs</u>/service providers when requiring them to perform comparative analyses.
- Talk to your broker, consultant, and/or legal counsel about their ability to review the responses you receive from TPAs/service providers.
- Require TPAs/service providers to correct insufficient responses, noncompliant areas, and disparities in outcomes data.
- Require TPAs/service providers to update and have available these comparative analyses annually, especially if new or different NQTLs or programs are implemented (e.g., value-based purchasing, narrow networks...)



#### **LEARN MORE**



#### LEARN MORE



#### LEARN MORE

ACKNOWLEDGEMENT: This Employer/Purchaser Resource is sponsored by the <u>National Alliance of Healthcare Purchaser Coalitions</u> and the <u>Florida Alliance for Healthcare Value</u>. Funding for development of the Toolkit was provided to the Community Coalitions Health Institute, which is a 501(c)(3) nonprofit organization, an affiliate of the National Alliance, by the <u>Mental Health Treatment and Research Institute LLC</u>, a tax-exempt subsidiary of The Bowman Family Foundation.

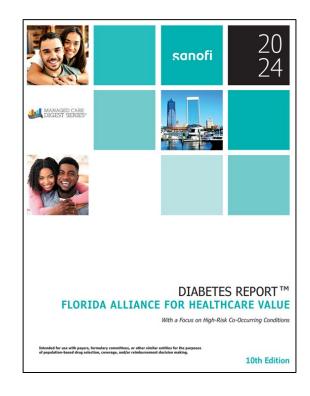
National Alliance of Healthcare Purchaser Coalitions | 1015 18th Street, NW, Suite 705 Washington, DC 20036 | (202) 775-9300 | national alliancehealth.org | linkedin.com/company/national-alliance/

1/20/25

### Diabetes/Obesity ELC



- Coverage of Anti-Obesity Medications
- Addressing Obesity through Holistic Design for Affordability and Sustainability
- Florida Diabetes Trend Report



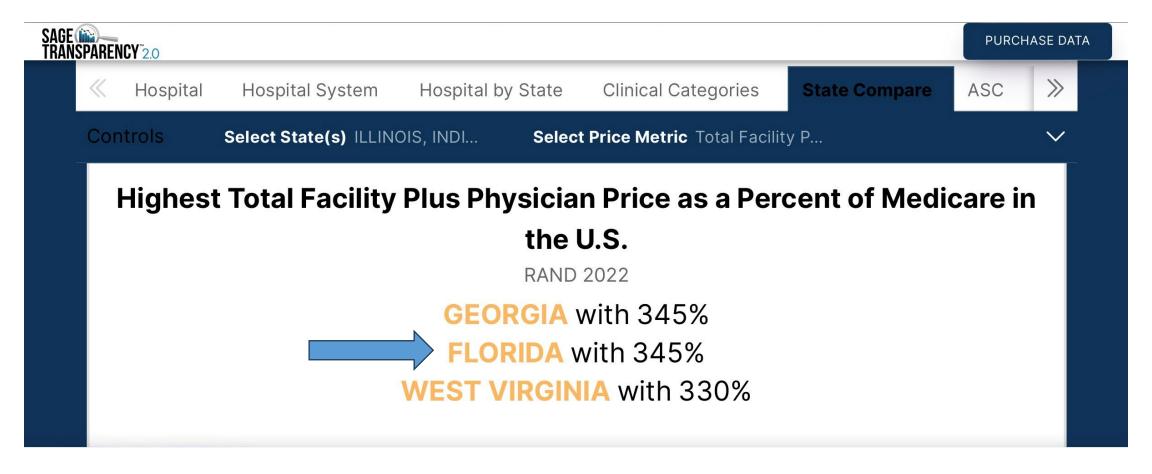
### High Cost Claims Workshop





### Fair Price – RAND 5.0





### Price Variability Study



### Price Variability in Florida



## Value-Based Purchasing of Healthcare Course



#### A Partnership of:





INIVERSITY OF CENTRAL FLORIDA





**Sponsored by:** 







# Patient Safety and Quality - Leapfrog





In the fall of 2024, the most recent hospital safety grading cycle, 191 Florida hospitals were graded, and 70 earned an "A," 49 earned a "B," 63 earned a "C," 6 earned a "D," and 3 earned an "F."

In 2024, Florida had 18 "Top Hospitals" - honored for patient safety and quality.

In 2024, The Leapfrog Group announced their highly competitive **Top Ambulatory Surgery Centers** (ASCs) designation. **Thirty-one ASCs in the nation were honored for this award with 13 located in Florida.** 









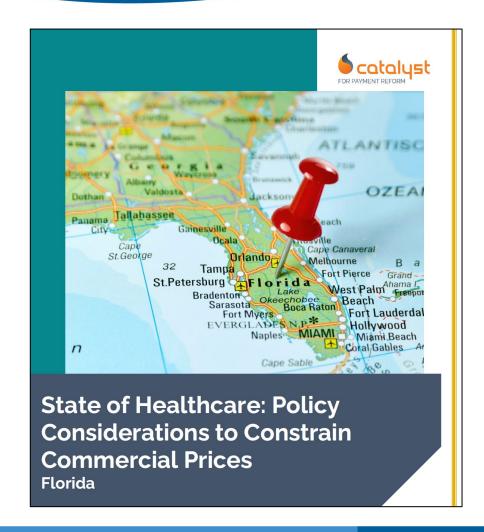
Federal Health Policy and Advocacy

Site-Neutral Payments Enhanced Price Transparency PBM Oversight and Reform 340B Reform



# State Health Policy and Advocacy





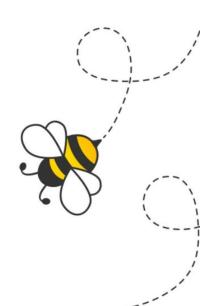


FLORIDIANS FOR ACCOUNTABILITY IN HEALTH CARE

### 2025 Plan of Work



- Healthcare Advisory Council Member "Deep Dive" Meetings
- Leapfrog Regional Leader Activities/Employer Action Reports
- Technical Expert Panels/National Alliance Engagement
- Direct Contracting Education
- Hospital and Drug Fair Price
- Value-Based Purchasing of Health Care Course
- Mental Health Parity Compliance dissemination
- Employer Guide and Insights for Oncology Management dissemination and updating
- Employer Learning Collaboratives Women's Health, Mental Health, and High-Cost Claimants
- State and Federal Health Policy Activities
- Annual Conference
- "Best of the Best"



### Florida Alliance's 2025 Annual Conference



### "Making Health Care Work"

2025
Thursday,
May 1

We look forward to seeing you at this in-person event at the Rosen Centre Hotel!







Register now using this QR code

For more information, visit our website at: www.flhealthvalue.org/events

### Annual Conference Sessions

Register now for our Annual Conference using this QR code



- Food as Medicine
- The "Pink" Tax: Inequities and Financial Burdens in Women's Health
- The Future of Employer-Sponsored Health Insurance: Is There One?
- Engaging in Health Policy and Advocacy to Drive Value in Health Care
- Beyond Blind Trust: A Fiduciary Framework for Managing Employer Healthcare Programs
- Future Health: Al's Role in Population Health Management



### Closing Comments





Rosa Novo

Administrative Benefits Director

Miami-Dade County Public Schools

Board Chair, Florida Alliance