



## Weekly Bulletin – October 18, 2024

This Weekly Bulletin is a benefit of your organization’s Employer Membership in the Florida Alliance and is meant to ONLY be shared within Employer Member organizations unless approval has been given by the Florida Alliance CEO.

### ACTION ITEMS

#### Short Survey: Medical and Pharmacy Claims Review/Audit



At our recent educational events regarding fiduciary duty, high-cost claims, and transparency, several of the healthcare experts we have engaged emphasized the importance of employers having a third-party evaluation of their claims. **If your organization has performed either a 100% review of claims or an audit on a selection of claims from your medical and/or pharmacy plans, would you please take 5 minutes to respond to the questions in the survey below?** We will

share the findings in an upcoming Bulletin. **Please respond by Monday, October 28.** Thank you!

Click [HERE](#) to view/print a PDF of the questions. Click [HERE](#) to respond to the survey.

If you have any questions, please contact Ashley Tait-Dinger at [ashley@flhealthvalue.org](mailto:ashley@flhealthvalue.org)

#### **Confirm Your Seat** at our 29<sup>th</sup> Annual “Best of the Best” – Register today!

The Florida Alliance Annual “Best of the Best” event showcases high-value healthcare programs initiated by employers. As always, we invite leading-edge employers from across the U.S. who have been innovative in their benefit design and contracting to present their successful programs. **All Florida Alliance Employer Members receive complimentary registration! See your code below.**



Click [HERE](#) for the full agenda.

#### Details of the event:

- **Date:** Tuesday, December 10, 2024
- **Registration:** 8:30AM – 9:00AM
- **Program Time:** 9:00AM – 4:00PM ET
- **Location:** GuideWell Innovation Center, 6555 Sanger Road, Orlando, FL 32827

- **Your Member Promo code:** EMPLOYERGUEST24BOTB (Please do not share this code outside your organization. If you have a colleague at an organization that is not a member of the Florida Alliance, please reach out to [Karen@flhealthvalue.org](mailto:Karen@flhealthvalue.org) for a guest code and flyer that you can share with them.)
- Register [HERE](#).

Thank you to **Healthcare Advisory Council member Florida Blue** for hosting this event again.



If you have any questions, or need assistance with your registration, please contact Lisa Hain at [lisa@flhealthvalue.org](mailto:lisa@flhealthvalue.org)



## WHAT'S NEW THIS WEEK?

### Health Rosetta – Unlocking the Power of Open-Source Contracts and Data Access Tech

Last week, Health Rosetta held a webinar to present a new **free resource [Nautilus](#) that provides model RFP, contract, and data usage language that employers should consider using to improve transparency and costs associated with their medical and pharmacy contracts.**

Chris Deacon of VerSan Consulting, a frequent Florida Alliance speaker and advisor, participated in the webinar to describe the importance of widespread adoption of this model language.



***Christin Deacon, J.D.***

The link above brings you directly to the open source, called Nautilus Health, which is a separate non-profit that Health Rosetta created.

Click [HERE](#) to listen to the recording of the webinar.



If you have any questions, please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org)

## Employer Member Benefit: Employer and Coalition Trends in Health Management Research – Summary of Key Findings

The Florida Alliance staff participated in Affiliate Member Gallagher’s research on Employer and Coalition Trends in Health Management. Gallagher has published their findings. Here is a brief summary:

- **Obesity Management:** Coverage of branded weight-loss medications continues to climb, up 28% since 2021, yet employers are looking at advanced approaches to covering GLP-1s
- **Technology-Driven Healthcare:** Use of tech-enabled chronic condition management programs increased by 15% since 2023
- **PBM Formularies:** Marking a notable shift, more than half of respondents modify their Pharmacy Benefit Manager’s standard Prescription Drug List, a 12% increase from 2023
- **Cell and Gene Therapies (CGTs):** How to pay for CGTs remains uncertain for employers, but 8 in 10 report strong to moderate agreement that they should be a covered benefit
- **Employer Health Coalitions:** Obesity moved into the top spot of disease states that are highly important for coalitions to provide info and resources to their members with diabetes coming in second at 71% - note to Florida Alliance Employer Members, we responded with cancer as the top concern based on your input in our High-Cost Claims initiative

To view the full summary of findings, click [HERE](#).



Please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org) if you have any questions.



### BOARD OF DIRECTOR NEWS

#### Florida Alliance Welcomes New Board Member



We are happy to announce that the Employer Members of the Florida Alliance have voted a new member to our Board of Directors. **Congratulations and Welcome to Sara Holtzman DeMarino, the Wellness and Employee Engagement Program Administrator at LYNX Transportation!**

Sara comes to the Board with over 10 years of program development and implementation, project management, and special events management experience.

**Sara Holtzman  
DeMarino**

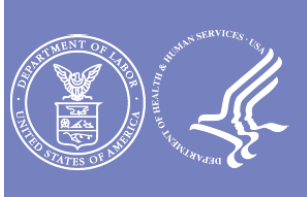
If you have any questions, please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org)



## EMPLOYER MEMBER EDUCATIONAL PROGRAMS, REPORTS, RESOURCES AND EMPLOYER LEARNING COLLABORATIVES (ELC)

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### Mental Health Parity Compliance – New Guidelines and Reminder about Upcoming Webinar



The Department of Labor and the U.S. Department Health and Human Services have issued a document as a helpful guideline for compliance with Non-Quantitative Treatment Limitations (NQTs) for Prior Authorization. **These are health insurance benefit design elements that could be “red flags” of potential parity violations.**

Click [HERE](#) to read the full document.

As a reminder you have already received the invitation from [info@flhealthvalue.org](mailto:info@flhealthvalue.org) for the Mental Health Parity Compliance Webinar – Part 1, coming up on Wednesday, October 30, 10:00AM – 11:00AM ET. We are working with Mental Health Parity experts to develop checklists you can use to conduct the needed analysis. The two-part compliance series will include review and sharing of the tools we develop.

If you have not yet received the invitation to the webinar, please contact Lisa Hain at [lisa@flhealthvalue.org](mailto:lisa@flhealthvalue.org).

For more information, please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org)

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## EMPLOYER MEMBER CORNER

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### EP452: Fiduciary Duty vs the Healthcare Status Quo, With Cora Opsahl - Relentless Health Value™ Podcast

During the introduction to last week’s Relentless Health Value™ podcast with Cora Opsahl of the 32BJ Health Fund, Stacey Richter mentioned Rosa Novo, Administrative Benefits Director, Miami-Dade County Public Schools and Florida Alliance Board Chair, in reference to a panel session she participated in at the recent 32BJ event.

Rosa and Cora have recently been named the Co-Chairs of the National Purchaser Leadership Council for the National Alliance of Healthcare Purchaser Coalitions. Congratulations to Rosa! These powerhouse women will do great things in this important national role.



*Rosa Nova*



*Cora Opsahl*

To hear what Stacey has to say about Rosa and to listen to the interview with Cora, click [HERE](#).

Please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org) if you have any questions.



## IN CASE YOU MISSED IT

### PSA: Fat Joe Pushes for Healthcare Price Transparency in New Power to the Patients



In 2021, President Donald Trump mandated an executive order that hospitals make their prices public. Later, President Joe Biden called on the Department of Health and Human Services to ensure compliance was being met due to lack of enforcement. Enforcement is typically given in the form of warnings, instead of fines. According to PatientRightsAdvocate.org (PRA), only 34.5% of U.S. hospitals are fully compliant. To view specific hospitals in Florida as to their compliance, click [HERE](#). Hospitals still have missing or incomplete pricing, files that are inaccessible to pricing data, or are posting multiple files which are not those mandated by the federal government.

PRA states: "**Fat Joe takes a stand against hidden healthcare prices. In a new Public Service Announcement (PSA) by Power to the Patients, he calls on politicians to enforce nationwide price transparency.**" To watch the PSA, click [HERE](#).

Click [HERE](#) to view the PatientRightsAdvocate.org site for more information on their work.

If you have any questions, please contact Karen van Caulil at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org)