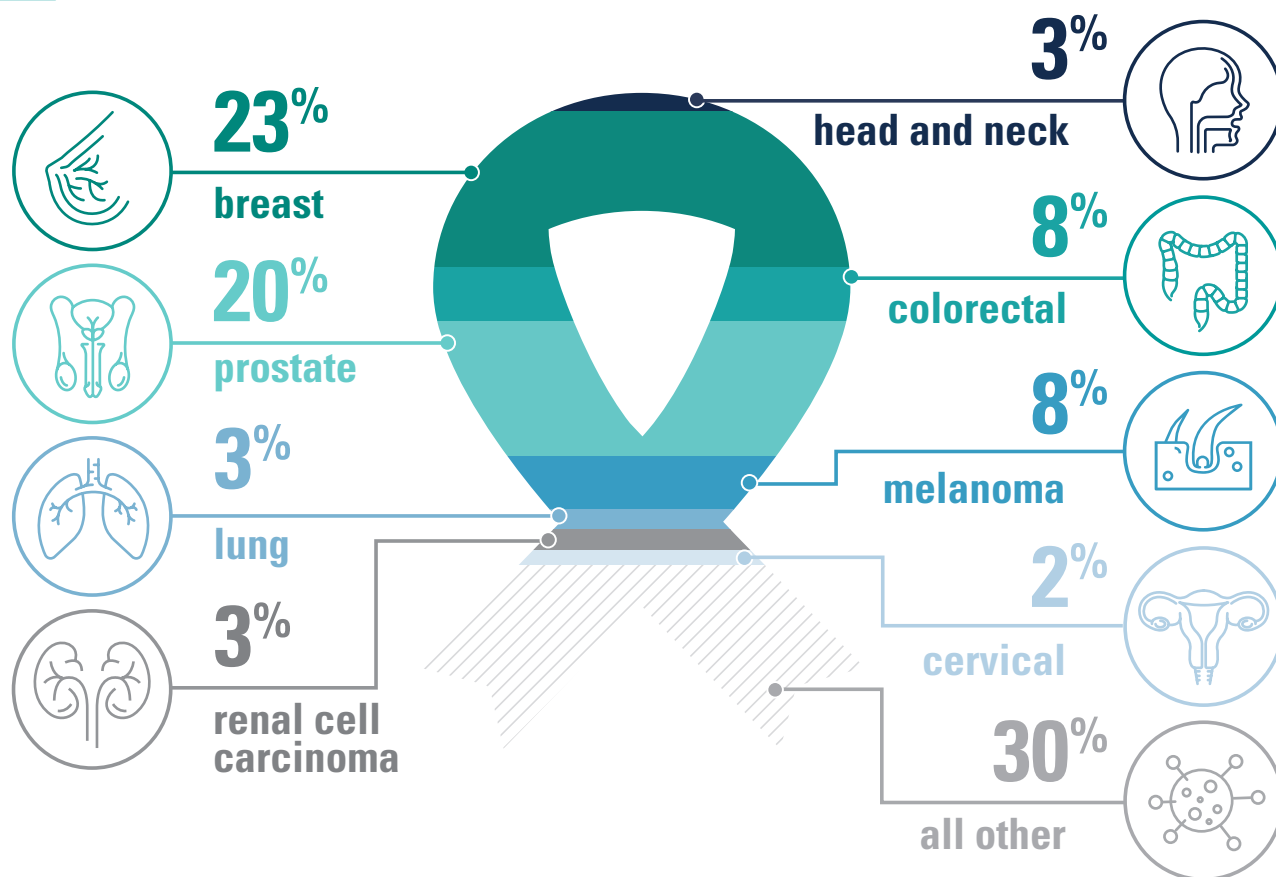


Screening for Cancer Is Important to Your Health

Common cancers in the United States



In 2019



~16 million people in the United States had cancer*

*According to 2019 estimates by the SEER (Surveillance, Epidemiology, and End Results) Program.

The role of cancer screenings

Cancer screening is an important part of preventive care. Screening may lower the number of people who are diagnosed with and die from cancer.


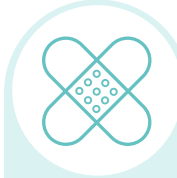





Cancer screening may **improve survival rates** by finding cancer at an early stage when it may be more easily treated.

Many factors could increase the risk of getting cancer

Some of those risk factors are:

- Older age
- Alcohol use
- Exposure to cancer-causing substances
- Chronic inflammation
- Poor diet
- Hormones
- Weak immune system
- Obesity
- Exposure to radiation
- Too much sunlight
- Tobacco use

Possible signs of cancer to talk about with your doctor

						
C	A	U	T	I	O	N
Change in bowel or bladder habits	A sore that does not heal	Unusual bleeding or discharge	Thickening or lump in the breast or elsewhere	Indigestion or difficulty in swallowing	Obvious change in a wart or mole	Nagging cough or hoarseness



Talk to your health care provider about which cancer screenings may be right for you.

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