



## Weekly Bulletin – May 19, 2023



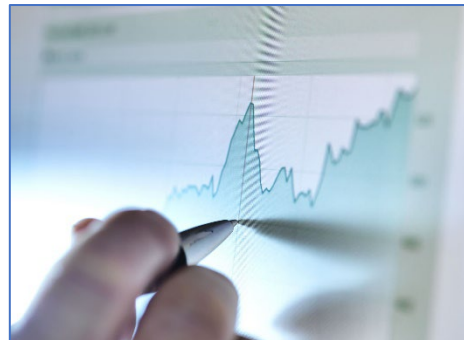
### WHAT'S NEW THIS WEEK?

#### **RAND 5.0 Participation Deadline Extended and Master Agreements Finalized**

RAND extended the timeline for participation and finalized all the master agreements for the fifth iteration of its Hospital Price Transparency Study. If you are unfamiliar with this study, please read the FAQ document here: [Enroll in RAND 5.0 Study \(employerptp.org\)](#). Please do not utilize the enrollment form found in the link.

#### **Several health plans have standardized participation as outlined below:**

1. If you utilize **UMR, Anthem, or Aetna**, joining the study will require you to email Brian Briscoe, the RAND Hospital Price Transparency Study Project Manager, at [bbriscoe@rand.org](mailto:bbriscoe@rand.org) and cc: Ashley Tait-Dinger at [ashley@flhealthvalue.org](mailto:ashley@flhealthvalue.org) *stating that you wish to contribute your 1/1/2020 through 12/31/2022 claims data to the Hospital Price Transparency Study.*
2. If you utilize **UnitedHealthcareGroup**, joining the study will require you to email Brian Briscoe at [bbriscoe@rand.org](mailto:bbriscoe@rand.org), Katherine F. Bisek at [katherine.bisek@uhc.com](mailto:katherine.bisek@uhc.com), and Jamie R Aitken at [jamieaitken@uhc.com](mailto:jamieaitken@uhc.com) as well as cc: Ashley Tait-Dinger at [ashley@flhealthvalue.org](mailto:ashley@flhealthvalue.org) *stating that you wish to contribute your 1/1/2020 through 12/31/2022 claims data to the Hospital Price Transparency Study.*
3. If you utilize **Cigna**, email Brian Briscoe, at [bbriscoe@rand.org](mailto:bbriscoe@rand.org) as well as Ashley Tait-Dinger at [ashley@flhealthvalue.org](mailto:ashley@flhealthvalue.org) with the completed form attached in your email to them (CIGNA- Certification of Compliance Release to Vendor/Consultant from Health Plan or Plan Sponsor) *stating that you wish to contribute your 1/1/2020 through 12/31/2022 claims data to the Hospital Price Transparency Study.*



The deadline to have the claims data securely transferred to RAND is August 31, 2023, in order to be part of the Round 5 Study Report slated for publication in May 2024. This means that all potential data contributors should now move as quickly as possible to opt-in or finalize requisite DUAs. If you are uncertain about how to enroll, please email Ashley Tait-Dinger at [ashley@flhealthvalue.org](mailto:ashley@flhealthvalue.org).



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## Employer Member Educational Programs And Employer Learning Collaboratives (ELC)

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### Employer Member Benefit: Final Report on High-Cost Claims



The recently released final report regarding High-Cost Claims mentioned at our Annual Conference is available now. The report includes top takeaways and high-level recommendations for employers in addressing high-cost claims. In addition, there are several insights and lessons learned in four key areas: Cancer, Prenatal/Neonatal Care, Rare Disease & Gene Therapy and Specialty Drugs. Read about the report [HERE](#).

### Free Mental Health and Suicide Prevention Training Opportunities

The Florida Department of Health (DOH), in partnership with [Information Systems of Florida](#) (ISF), recently announced they are offering a series of free statewide mental health and suicide prevention trainings, and workshops. These trainings are offered to regional and county health directors, veterans' counselors, educators, first responders, colleges and universities, and community partners, such as employers and their employees. Registration is available to anyone around the state.



**Understanding and recognizing the signs of mental illness with tools to address them can save a person's life. Take advantage of these offerings to enhance your ability to engage employees who may be struggling.**

1. These training opportunities are being offered at **no cost to participants**.
2. Some programs offer continuing education credit (CEUs).
3. Online training modules are available now, with in-person events continuing through the end of July.
4. ISF has contact information as well as times, dates, locations, and venues for all in-person events.
5. Registration links for the training events are provided in the Mental Health & Suicide Prevention Trainings brochure on our Mental Health/Substance Use Employer Learning Collaborative webpage. Click [HERE](#) to access.
6. If you do not work or reside in any of the three regional training areas, please select "**other**" from the list of counties when prompted.

By clicking on the training registration link, you will be redirected to a form to enter your contact information, name, location, and select the training option of your choice. You will receive a confirmation email with training time and location (where applicable) or login information for online courses. **The training registration links can be found here: <https://forms.office.com/r/VDSWRYdUyA>**

Should you have any training and program-related questions, please contact ISF at [Trainings@isf.com](mailto:Trainings@isf.com).



## HEALTH OBSERVANCES

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### May, June, and July Health and Cultural Observances

The National Alliance's Coalition Health Advisory Council has developed Health Observance newsletters and information that our members can use in wellness communications with their employees.

Below, please find May, June, and July's content. Please let Karen van Caulil know if this content is useful and/or if you have any feedback by emailing her at [karen@flhealthvalue.org](mailto:karen@flhealthvalue.org). Karen and Rosa Novo, our Board Chair, both serve on this advisory council.

### May Health and Cultural Observances Foster Hope and Help



May is the time to help:

- Fight stigma, provide support, educate the public, and advocate for policies that support people (and their families) in living well with mental illness
- Educate about high blood pressure, stroke symptoms, and stroke awareness
- Stamp out tobacco use by starting with a shared tobacco quit day

The National Alliance [May health and cultural observances newsletter](#) includes articles and campaign ideas to supplement employee communications.

[GET THE MAY NEWSLETTER](#)

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## June Celebrates LGBTQ+ Communities, Men's Health, Juneteenth, and Alzheimer's and Brain Awareness

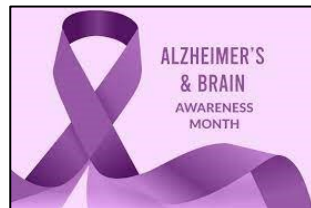
Kick off the summer with healthy and helpful celebrations and reminders about:

- Strengthening the global Pride movement, uniting people from all walks of life to celebrate diversity and inclusivity
- Common sense healthcare and lifestyle choices for men that encourage them to take control of their health
- Freedom! And Juneteenth!
- Alzheimer's and brain awareness, including prevention and caregiving recommendations

Get the National Alliance [June health and cultural observances newsletter](#) to hit the easy button on employee communications.



GET THE JUNE NEWSLETTER



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## July is Minority Mental Health Awareness Month

[National Minority Mental Health Awareness Month](#) is observed each July to shine a light on the unique struggles that racial and ethnic minority communities face regarding mental illness.

Those in racial/ethnic, gender, and sexual minority groups often suffer from poor mental health outcomes due to multiple factors including inaccessibility of high-quality mental health care services, cultural stigma surrounding mental health care, discrimination, and overall lack of awareness about mental health, according to the [America Psychiatric Association](#).



GET THE JULY NEWSLETTER



## In Case You Missed It

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### First Anniversary of National Maternal Mental Health Hotline

On Mother's Day last year, the Department of Health and Human Services launched the Maternal Mental Health Hotline. Since its unveiling, professional counselors have helped nearly 12,000 individuals confidentially by phone and text with emotional support as well as serving as a referral and resource directory. The hotline is available to both pregnant and postpartum individuals and is available 24/7 free of charge. Approximately 70% of the individuals were helped by phone and the other 30% by text. The top three reasons for reaching out were 1) feeling overwhelmed, 2) depression, and 3) anxiety.



**The hotline number is 1-833-TLC-MAMA (1-833-852-6262),** and to read more about the hotline, head over to this link: [HHS Celebrates National](#)

[Maternal Mental Health Hotline's First Anniversary; Introduces Updated Number: 1-833-TLC-MAMA | HHS.gov](#)