



Weekly Bulletin – March 3, 2023

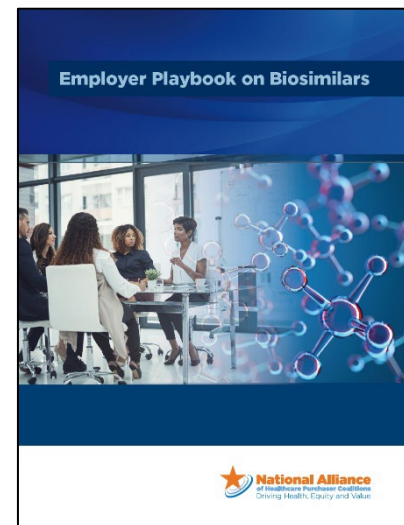


WHAT'S NEW THIS WEEK?

Employer Member Benefit Resource – Employer Playbook on Biosimilars

Over the last several months, the National Alliance worked with three of its coalition members (Economic Alliance for Michigan, Florida Alliance for Healthcare Value and the Washington Health Alliance) to bring together several employers to participate in a Learning Collaborative on Biosimilars. Over the course of the project, **this Employer Playbook was developed to support an employer's effort to consider adoption of biosimilars as part of their overall drug management strategy.** The Playbook includes a checklist to address biosimilars and recommendations in five key areas: Plan Design, Formulary Design, Drug Access & Availability, and Sites of Care & Drug Availability.

Thank you to Florida Alliance Employer Members Nancy Bolton at the School District of Palm Beach County, Doug Peddie from Siemens Energy, and Jair Espinoza from the City of Miami for their participation in the development of this playbook. Click [HERE](#) to access the Playbook.



Florida Alliance Awarded Grant to Work on Mental Health and Health Equity



The National Alliance recently announced a grant opportunity for the Path Forward Regional Employer Stakeholder Engagement Team Coalitions to participate in a Learning Collaborative focused on Mental Health and Health Equity taking place between March and September of this year. **The Florida Alliance submitted an application and learned this week that it was awarded one of the five grants for this initiative!** We will be partnering with several of our employer members to provide educational programming

pertaining to Mental Health/Health Equity as well as share materials to assess their current Mental Health and Health Equity strategy and develop action plans that can enhance/impact their approach for their workforce. If you have any questions, please reach out to Karen van Caulil at karen@flhealthvalue.org or David Cavalleri at david@flhealthvalue.org



Employer Educational Programs and Employer Learning Collaboratives (ELC)

Employer Member Benefit: Webinar – *The Interplay Between Mental Health & the Spectrum of Addiction*, a National Alliance Employer Townhall – March 22, 2023, 3:00PM – 4:00PM ET

Investing in employees and their families by easing access to care for mental health and substance use challenges will help all working adults, the organizations that employ them, and the US economy.

This webinar offers:

- Insights from leading mental health and substance use professionals
- Perspectives of employers and coalitions that are on the cutting edge of improving access and outcomes

SPEAKERS



Phil Belcher
HealthCareTN



Mark Hopman
Pear Therapeutics



Rebecca Martin
National Safety Council



Gary Mendell
Shatterproof



Sarah Rauzin
Health Action Alliance



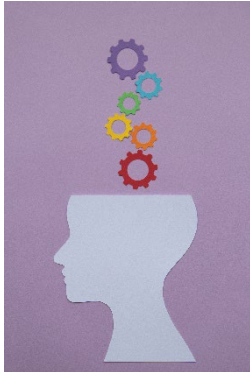
Jessie Saul, PhD
ExProgram by Truth Initiative



Michael Thompson
National Alliance of Healthcare
Purchaser Coalitions

To register, click [HERE](#).

Mental Health/Substance Use Employer Learning Collaborative (ELC) – Session 7 – Monday, March 27, 10:00AM – 11:30AM ET



In the upcoming session of our Mental Health/Substance Use Employer Learning Collaborative, we plan to cover the following topics:

- Measurement-Based Care
- Voice of the Purchaser Survey Results (if available)
- Update on Mental Health (MH) Parity Compliance
- Update on grant application – MH/Health Equity
- MH Convening Meeting in Dallas – Path Forward and PCORI

To review previous Employer Learning Collaborative meetings, please visit our Mental Health/Substance Use Employer Learning Collaborative webpage

<https://flhealthvalue.org/our-work/mental-health-substance-use-elc/>

If you did not receive a calendar invitation for session 7 or need the invitation re-sent, please contact Lisa Hain, lisa@flhealthvalue.org.

Beating Burnout at Work

Burnout is an issue faced by many employers; fortunately, there are resources available to organizations to successfully address them. The Center for Workplace Mental Health has



developed an infographic that discusses burnout, and the actions employers can take to address it. The infographic can be found here: [Workplace Mental Health - Infographic: Beating Burnout at Work](#)

Employer Member Benefit: 2022 Trends in Specialty Drug Benefit Design Report



and implement strategies.

Florida Alliance Affiliate Member Genentech has provided access to their [2022 Trends in Specialty Drug Benefit Design Report](#). The [executive summary](#), which is based on the full report, carefully examines the specialty pharmacy landscape and provides employer perspectives to help inform health care stakeholders as they develop

The full report includes insights on how employers and health plans are thinking differently to manage their specialty medications, their latest perspectives on utilization management and alternative funding models and what they see as their top challenges now and in the future.

Please let Karen van Caulil at karen@flhealthvalue.org know if you would like us to schedule a webinar to review this report.



Health Observances

March is National Colorectal Cancer Awareness Month



According to the Colorectal Cancer Alliance, one in 24 people will be diagnosed with colorectal cancer, or CRC, in their lifetime, and the American College of Gastroenterology states that CRC is one of the most preventable types of cancer. **Every March, National Colorectal Cancer Awareness Month spotlights this disease and inspires more people to get checked starting at age 45. Two reasons why getting checked matters:**

- **Screening can find the warning signs of colon and rectal cancer, letting doctors take action to prevent the disease**
- **Screening can also find colorectal cancer early when treatment is most effective**

Florida Alliance Affiliate Member, Genentech, has provided an infographic CRC flyer available here: [Genentech: Understanding Colorectal Cancer](#).

More information from Florida Alliance Affiliate Member Bayer® on CRC detection, prevention, and treatment may be found here: [Colorectal cancer – Bayer AG | Pharmaceuticals | Bayer](#).



In Case You Missed It

ACTION ITEM: 2023 Voice of the Purchaser Survey on Mental/Behavioral Health - Survey Deadline March 15 (extended by a week)



As we shared last week and during last week's ELC session, the Path Forward is conducting an important national survey of employers/healthcare purchasers to understand the perceived performance of services received from mental health service providers, including health plans and point solution providers. **For those of you who have already completed the survey, thank you!**

Key Areas of the Survey:

- Equitable Access
- Quality of Care
- Integration of Mental/Behavioral Health into Primary Care
- Workplace Mental Health Support

If you have not yet completed the survey, we urge you to do so as soon as possible. You can find a PDF of the full question set [HERE](#) and we suggest reviewing it prior to completing the survey. Please know that all responses will remain confidential.

Click [HERE](#) to complete the survey. FYI - they use the term behavioral health to cover all mental health and substance use conditions and treatments.

As a respondent, at the end of the survey you will have the ability to indicate that you want to receive the overall results. Please know that we will receive the Florida specific results and the national results and will share the findings at an upcoming ELC session.

Your response by Wednesday, March 15 is appreciated. If you have any questions about the survey, please contact Karen van Caulil, karen@flhealthvalue.org or David Cavalleri, david@flhealthvalue.org

The Carolyn C. Mattingly Award for Mental Health in the Workplace

The Carolyn C. Mattingly Award for
**MENTAL HEALTH
IN THE WORKPLACE**

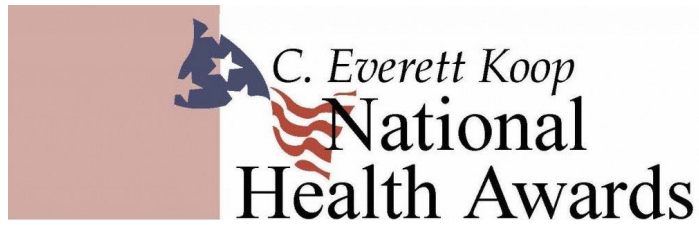


The Carolyn C. Mattingly Award for Mental Health in the Workplace, a collaborative effort between Johns Hopkins Bloomberg School of Public Health and The Luv u Project, recently announced that the application window for the 2023 award is now open. The award recognizes and celebrates exemplary organizations that advance the mental health and well-being of their workforce, while also serving as role models for other employers.

The application deadline is May 31, 2023. A link to the application along with a brief overview of the information needed to complete the application can be found at the following link:

<https://www.research.net/r/mattinglyaward2023>

The 2023 C. Everett Koop National Health Awards – Documenting Excellence in Health Promotion and Value-on Investment



The Health Project, a non-profit focused on addressing workplace health and wellness, recently announced that they are accepting applications for the 2023 C. Everett Koop National Health Awards. The awards recognize organizations with demonstrated wellness and well-being programs that make a difference in the health of their workforce.

The application deadline is May 31. The link to learn more about the award as well as the application can be found here: [Home - The Health Project](#)