

COVID-19 Vaccine Booster Shot Guidance & Eligibility for Adults



Disclaimer: The information provided in this document are general recommendations and are not intended as medical advice for individual situations.

What are the primary CDC COVID-19 vaccine recommendations

- mRNA vaccines: for most people, they should get two shots at 21 or 28 days apart.
- Viral vector vaccine: a single dose of viral vector vaccine can be given in people who can't take or don't want to receive an mRNA vaccine.

What are the recommendations for boosters?

The CDC recommends:

For people who received an mRNA primary series:

- A first booster of an mRNA vaccine at least 2 months after the 2nd shot of the mRNA vaccine.

For people who received a viral vector vaccine:

- A first booster or at least 8 weeks after a shot of the viral vector vaccine.
- A second booster at least 4 months after the first booster for persons ages 50 years and older (mRNA vaccine).

If you have any questions about COVID-19 vaccines and boosters, please discuss with your healthcare provider. The COVID-19 vaccine may not be for everyone. Please consult with your doctor to determine your eligibility.

Your best protection is to be up to date with your COVID-19 vaccines. Visit www.vaccines.gov to find a location near you and book a COVID-19 booster appointment.

Booster recommendations may be different if you are moderately to severely immunocompromised. If you are not sure, check with your healthcare provider.

If I got one type of mRNA vaccine for my first shot, should I get the same for my second shot?

Yes. The same mRNA vaccine (i.e., the same manufacturer) should be used for both shots.

Should I get the same or a different shot for my booster?

The CDC recommends that you can get either mRNA vaccine booster, regardless of the primary vaccination you received.