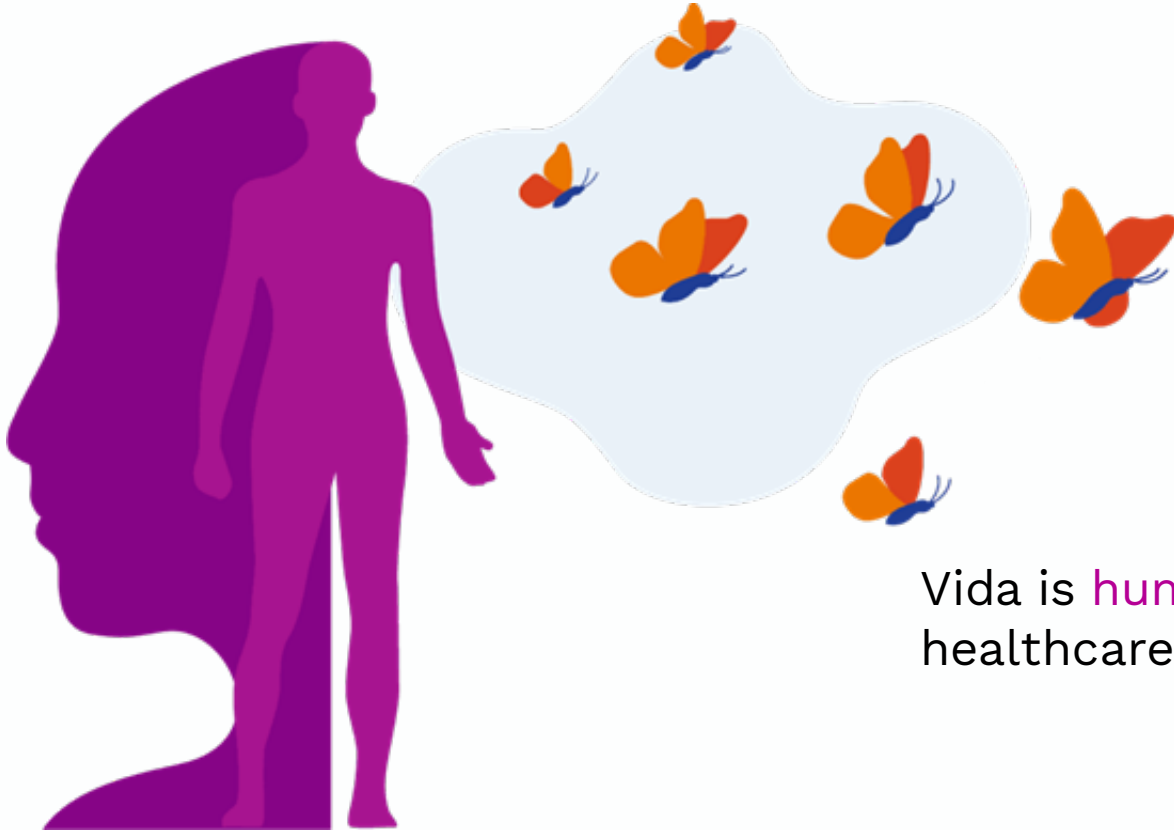




Healthcare designed
for body and mind



Every chronic condition is a mental health condition



Vida is **human-led, AI-enabled**
healthcare for the mind and body.

Mental and physical conditions **never stand alone**

Most digital health solutions

Focus on one condition, limited integration of physical and mental

Siloed, fragmented care, minimal personal interaction, rare 1:1, primarily text-based

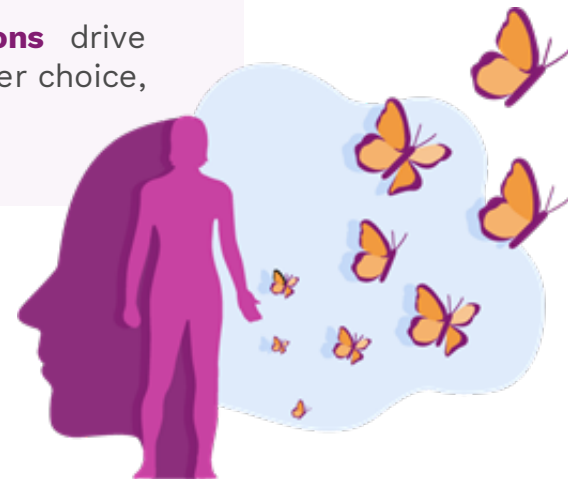
Less customized, disconnected content, and fewer tools to keep members on track and engaged

The Vida difference

Mind + body approach treats whole person in one seamless experience

Human care team promotes behavior change through 1:1 and direct messaging with providers

AI-enabled digital interventions drive engagement, promote member choice, and enable providers



Vida treats underlying behaviors to achieve best-in-class clinical outcomes

CBT for behavior change =

Siloed medicine-based care

Depression, anxiety, & stress

Unhealthy habits: poor sleep, nutrition, low exercise levels

Chronic conditions: obesity, diabetes, hypertension

Vida leads in each vertical



Weight Loss / DPP

≥7%

Weight loss in multiple cohorts (month 6)



Diabetes

>1pt

Reduction in A1C (6-12 months)



Hypertension

≥76%

Target reduction in blood pressure (6-12 months)



Depression

64%

PHQ-8 reduction (month 7)



Anxiety

54%

GAD-7 reduction (month 7)