



Summer Education Series Session #3 – Follow up Q&A

Comprehensive Alternative Treatment Approach for Substance Use Disorder – July 30, 2020

Moderator: **Francois de Brantes, MBA, MS**, Sr. Vice President, Signify Health

Panelists: **Eric Bailly, MA**, Business Solutions Director, Anthem; **Brad Rex, MBA**, President & CEO, eHome Counseling Group; **Greg Williams, MA**, Managing Director, Third Horizon Strategies

- **How and where does telebehavioral health (TBH) fit in the Addiction Recovery Medical Home Alternative Payment Model (ARMH-APM)?**

TBH is an integral part of the ARMH-APM, with the ability to provide addiction counseling prior to, during and after residential care with highly qualified counselors anywhere in the country. TBH ensures a higher treatment completion rate and allows a more fully integrated experience, as a patient can be introduced to a counselor during residential care and then stay with the same counselor post-discharge.

- **In addition to Anthem, which health plans are considering/implementing the ARMH-APM?**

The additional plans publicly exploring pilots include:

- AmeriHealth Caritas in the DC Market (Medicaid)
- CareSource in the Ohio Market (Medicaid)
- Superior Health Plan in the Texas Market (Medicaid)

- **How would the ARMH-APM work in a carved in mental health/behavioral health program?**

From a payer perspective, an integrated approach will make it easier to consolidate the data that is required to establish the price points for the defined episodes of care, and to ensure that incentives are fully aligned on the back end.

- **Where are the pilot projects for the ARMH-APM taking place? Are any in Florida? What outcomes can you share on the ARMH-APM to date?**

Anthem is hosting a pilot with NuVance Health in CT and is working diligently to establish pilots in several additional Anthem markets, as well. Currently, Anthem is not hosting a pilot in Florida. It is too early to report results.

- **Does the employer take on risk in this model? If so, how does that work?**

The employer takes on risk today if the plan is self-insured. Implementing these alternative payment models transfers the appropriate level of risk to providers. Providers only take on what the Society of Actuaries define as performance risk and utilization risk, but not insurance risk.